Coverage for: Individual and Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-622-5501, or go to hr.conocophillips.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary.

Important Questions	Answers		Why This Matters:	
What is the overall <u>deductible</u> ?	In-Network: \$1,400 Individual \$2,800 Family	Non-Network: \$2,800 Individual \$5,600 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u>	
	Includes medical and prescription drug costs. Does not apply to preventive care in-network.		until the total amount of the <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
Are there services covered before you meet your <u>deductible?</u>	Yes, preventive care- ı	routine physical exams	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits	
Are there other deductibles for specific services?	No		You don't have to meet <u>deductibles</u> for specific services.	
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	Yes. In-Network: \$4,000 Individual \$8,000 Family	Yes. Non-Network: \$8,000 Individual \$16,000 Family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-</u>	
	Includes medical and prescription drug costs.		<u>pocket</u> limits until the overall family <u>out-of-pocket limit</u> has been met.	
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, penalties for failure to obtain <u>pre-authorization</u> for services, health care this <u>plan</u> doesn't cover, and charges in excess of reasonable and customary amounts as defined in the <u>plan</u> document.		Even though you pay these expenses, they don't count toward the out-of-pocket limit .	
Will you pay less if you use a network provider?	Yes. For a list of <u>in-network</u> providers, see www.aetna.com or call 1-800-738-7674.		This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for	

		some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	None
If you visit a health	Specialist visit	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	None
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	No charge up to \$1,500, then 40% coinsurance. subject to allowed amount, deductible waived	You may have to pay for services that aren't <u>preventive</u> . Ask your provider if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	Some services require <u>pre-authorization</u> See <u>Preventive</u> Care for services billed as <u>preventive</u> .
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	Some services require <u>pre-authorization</u>

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Generic drugs	You pay 100% until deductible is met, then 20% coinsurance.	You pay 100% until the <u>deductible</u> is met, then 40% <u>coinsurance</u> plus amounts above the subject to <u>allowed amount</u>	Retail covers up to a 30-day supply. Mail order/Maintenance Choice covers up to a 90-day supply.	
	Preferred brand drugs	You pay 100% until deductible is met, then 20% coinsurance.	You pay 100% until the <u>deductible</u> is met, then 40% <u>coinsurance</u> plus amounts above the subject to <u>allowed amount</u>	You pay 100% of the difference in cost if you obtain a brand name drug when a generic brand is available.	
If you need drugs to treat your illness or condition More information about prescription drug	Non-preferred brand drugs	You pay 100% until deductible is met, then 20% coinsurance.	You pay 100% until the <u>deductible</u> is met, then 40% <u>coinsurance</u> subject to <u>allowed amount</u>	You pay 100% of the cost for maintenance medications if not obtained via mail order / Maintenance Choice after the second refill. You pay the full price and then file a claim if using a non-network provider.	
coverage is available at www.cCaremark.com or by calling 1-855-293-4118.	Specialty drugs	You pay 100% until deductible is met, then 20% coinsurance.	You pay 100% until the <u>deductible</u> is met, then 40% <u>coinsurance</u> plus amounts above the negotiated/discounted rate. Certain drugs r <u>authorization</u> or rules. Prescriptions for oral medication	Certain drugs may require <u>pre-</u> <u>authorization</u> or are subject to utilization	

Common	Common What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to allowed amount	None
If you have outpatient surgery	Physician/surgeon fees	20% coinsurance	40% <u>coinsurance</u> , subject to allowed amount	None
	Emergency room care	20% <u>coinsurance</u> for emergency 50% <u>coinsurance</u> for non-emergency	20% <u>coinsurance</u> for emergency 50% <u>coinsurance</u> for non- emergenc,y subject to <u>allowed</u> <u>amount</u>	None
If you need immediate medical attention	Emergency medical transportation	20% <u>coinsurance</u> for emergency 40% <u>coinsurance</u> for non-emergency	20% <u>coinsurance</u> for emergency 40% <u>coinsurance</u> for non- emergency, subject to <u>allowed</u> <u>amount</u>	None
	<u>Urgent care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to allowed amount	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to allowed amount	Pre-authorization may be required. Benefits will be reduced by \$200 if nonnetwork hospital pre-authorization is not obtained.
	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to allowed amount	None
If you need mental health, behavioral	Outpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	Managed by Beacon Health Options.
health, or substance abuse services	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	<u>Pre -authorization</u> may be required for non-emergency situations. Managed by Beacon Health Options.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
If you are pregnant	Office visits	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	None	
	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	None	
	Childbirth/delivery facility services	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	None	
	Home health care	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	Coverage is limited to 120 visits per calendar year. <u>Pre-authorization</u> required for non-network care. Benefits will be reduced by \$200 if <u>pre-authorization</u> is not obtained.	
If you wood halm	Rehabilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	None	
If you need help	Habilitation services	Not covered	Not covered	None	
recovering or have other special health needs	Skilled nursing care	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	Coverage is limited to 60 days per calendar year. <u>Pre-authorization</u> required for non-network care. Benefits will be reduced by \$200 if <u>pre-authorization</u> is not obtained.	
	Durable medical equipment	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	None	
	Hospice services	20% <u>coinsurance</u>	40% <u>coinsurance</u> , subject to <u>allowed</u> <u>amount</u>	<u>Pre-authorization</u> required for <u>non-network</u> care. Benefits will be reduced by \$200 if <u>pre-authorization</u> is not obtained	
If your child needs dental or eye care	Children's eye exam	No charge if performed as part of a <u>preventive</u> health visit.	No charge if performed as part of a <u>preventive</u> health visit costing less than \$1,500.	Age and frequency schedules may apply. See vision <u>plan</u> for additional coverage options.	
	Children's glasses	Not covered	Not covered	See vision <u>plan</u> for additional coverage options.	
	Children's dental check-up	Not covered	Not covered	See dental <u>plan</u> for additional coverage options.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) Cosmetic surgery Habilitation services Hearing aids Glasses Routine eye care (Adult) Routine foot care Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (if medically necessary or in lieu of anesthesia)
- Bariatric surgery (pre-authorization required)
- Chiropractic care

- Infertility treatment (includes artificial insemination and in-vitro fertilization up to \$10,000 lifetime maximum)
- Private-duty nursing (limit combined with home health care visitation)
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gove/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.coms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact hr.conocophillips.com or call 1-800-622-5501. You can also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gove/ebssa/healthreform. Additionally, a consumer assistance program can help you file your appeal. A list of states with Consumer Assistance Programs is available at www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:	
Spanish (Español): Para obtener asistencia en Español, llame al 1-800-622-5501.	
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa1- 800-622-5501.	
Chinese (中文): 如果需要中文的帮助,□□打□个号□ 1-800-622-5501.	
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-622-5501.	
To see examples of how this plan might cover costs for a sample medical situation, see the next section	



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,40
■ <u>Specialist coinsurance</u>	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:			
Cost Sharing	Cost Sharing		
Deductibles	\$1,400		
Copayments	\$0		
Coinsurance	\$2,150		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$3,610		

\$12,840

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,400
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

Total Example Cost	\$7,460
In this example, Joe would pay:	

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Cost Sharing		
Deductibles	\$1,400	
Copayments	\$0	
Coinsurance	\$1,160	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$2,620	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,400
Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,010

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,400
Copayments	\$0
Coinsurance	\$110
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,510