

# U.S. Health Improvement Incentive Program Attestation of 5% Weight Reduction



Employee Name: \_\_\_\_\_

Employee Number: \_\_\_\_\_

As a qualifying activity to earn the Healthy Weight incentive, an employee may show a 5% reduction in his/her weight before Sept. 30, 2024, from their 2023 or 2024 biometric screening. Biometric results may be found on an employee's individual account once logged into the Quest website.

The attestation must be completed, signed and submitted along with your biometrics results prior to Sept. 30, 2024. Results must show proof of the 5% weight reduction in order to earn the Healthy Weight Incentive.

The form may be completed by one of the following: physician, nurse or member of fitness facility.

Current Weight: \_\_\_\_\_ lbs.

I hereby validate that the weight I have recorded on this attestation is true.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Job Title