ConocoPhillips HR website has a new look

Over the past several months, ConocoPhillips has been working to update hr.conocophillips.com. This easier-to-use interface allows employees, expatriates and retirees to easily access their HR information online.

Updates include a refreshed look, simplified navigation and consolidation of content so you can get what you need quickly. Just as before, your benefits and retiree information is available on hr.conocophillips.com under the Former Employees tab at the top of the website (see image).

Under “Programs” you’ll find links to programs to support your local charitable activities, provide dependent scholarship assistance and offer money-saving discounts on national products and services.

We’ve also added a Benefits Contact List that provides you with websites and phone numbers for the company’s benefit providers for both pre- and post-65 retiree benefits.

Take action. If you have bookmarked any specific page on hr.conocophillips.com, please check that your page still goes to the place expected, as some things may have moved during this process.

Company subsidy phasing out for post-65 retirees enrolled in Medicare Supplement Insurance Plans as of Dec. 31, 2015

Last year, ConocoPhillips informed retirees that the company subsidy for participants enrolled in Medicare Supplement Insurance Plans with UnitedHealthcare would be phased out by January 2026. Participants will see their premiums increase annually by the greater of $9 a month or 9 percent, beginning in 2017. By 2025, the subsidy will be completely phased out. Your increase may be more or less if you’re enrolled in a Medicare Supplement Insurance Plan other than Plan L, which provides better coverage than previously available through ConocoPhillips.

If you have any questions about your premiums, please contact UnitedHealthcare at 800-568-6404, Monday through Friday, 6 a.m. to 10 p.m. and Saturday, 8 a.m. to 4 p.m. CST.

As a reminder, you can change your Medicare Supplement Insurance Plan (medical coverage) effective the first of the month following your request for the change. Open enrollment for post-65 retirees’ Medicare Part D prescription drug coverage is Oct. 15 to Dec. 7, 2016.
Saving on medical visits

Save on unplanned medical visits

When you or a loved one experiences an accident or illness, your next step may be immediately visiting your nearest hospital emergency room (ER). While this is the right choice for a serious or life-threatening condition, non-life threatening conditions may not require a trip to the ER, but instead to an urgent care clinic. Knowing how urgent care clinics work can save you time and money.

Typically open seven days a week with no appointments needed, urgent care clinics can provide treatment for serious, non-life threatening conditions and other medical services including care for sprains, fever or flu, infections, back pain and even diagnostic services.

Urgent care clinics offer lower prices for treatment that would prove costly at an ER\(^1\). For example, if you were to get a sprain treated at an ER, it could cost on average $550 to $750 compared to the urgent care clinic’s average cost of $110 to $150.

Get your time back by choosing an urgent care clinic that has multiple locations, making it a convenient trip for you and your loved ones. Similar to an ER, clinics are staffed by doctors. If you require extensive care beyond what the clinic provides, many are connected with local ERs.

If your medical provider is Aetna, you can access their list of urgent care clinics closest to where you live at http://www.aetna.com/docfind/custom/conocophillips/ and search under urgent care centers.

\(^1\) Average retail and ER pricing. Based on Aetna average claim costs. For illustrative purposes only.

Retiree benefits road show schedule

<table>
<thead>
<tr>
<th>City</th>
<th>Location</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ponca City, Okla.</td>
<td>Pioneer Technology Center 2101 North Ash</td>
<td>10/10/16</td>
<td>10 a.m. CST 1 p.m. CST</td>
</tr>
<tr>
<td></td>
<td>Ponca City, OK 74601</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bartlesville, Okla.</td>
<td>Bartlesville Community Center (Community Hall)</td>
<td>10/11/16</td>
<td>10 a.m. CST 1:30 p.m. CST</td>
</tr>
<tr>
<td></td>
<td>300 SE Adams Blvd. Bartlesville, OK 74003</td>
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</tbody>
</table>

Federal & State Government Affairs Vice President John Dabbar on the political process

On Nov. 8, 2016, U.S. voters will go to the polls. To help employees learn more about ConocoPhillips’ contribution to the U.S. political process and its role in the Democratic and Republican party conventions, John Dabbar, vice president, Federal & State Government Affairs, shared some of his insights.

Why is it important for ConocoPhillips to maintain open, productive relationships with the country’s elected officials?

The most important reason is that these officials set the rules at the top level of policy that we have to follow. It’s important to engage in open and productive relationships with our elected officials to protect our rights and obligations as an investor, employer, taxpayer and resource owner.

ConocoPhillips rental car suppliers offer discount rates to retirees too

Retirees are eligible for discounted rental car rates through the company’s partnership with National Car Rental and Enterprise Rent-A-Car. Enter contract ID/promotion code XZ51N95 during the reservation process for a personal rental to receive the discounted rate. Please note that discounted rates do not include rental insurance for personal/non-business rentals.

For more information, visit nationalcar.com and enterprise.com.

continued on page 8
In Memoriam (January through July 2016)

We honor the passing of fellow ConocoPhillips employees and retirees and offer their families and friends our heartfelt sympathy. Please note that this list includes active and former employees.

Harold Adams, Bartlesville, Okla.
Leonard Adkins, Andrews, Texas
Don Albert, Bartlesville, Okla.
James Albritton, Bay City, Texas
John Alif, Bartlesville, Okla.
Chester Allen Jr., Abilene, Texas
David Allen, Inman, S.C.
Barbara Allsup, Bartlesville, Okla.
Capitola Anderson, Lovington, N.M.
Howard Armstrong, Bartlesville, Okla.
Jesse Arrington, Stinnett, Texas
Wilson Austin, Valley Center, Kan.
William Auxer Jr., Lewistown, Pa.
Pearl Baldrachi, Bartlesville, Okla.
Grover Barbee, Bartlesville, Okla.
Gladyd Barnes, Bartlesville, Okla.
Rays Barnes, Bartlesville, Okla.
Alton Barrow, Amarillo, Texas
Jackie Bearrow, Brownsville, Texas
Bert Beene, Morro Bay, Calif.
John Bell, Sulphur, La.
Kay Benson, Newton, Utah
Ronald Berg, Dataw Island, S.C.
Hugh Berger, Borger, Texas
Glendale Betz, Bartlesville, Okla.
Clifford Bilbrey, Richardson, Texas
Alfred Bishop, Ponca City, Okla.
Norman Blackburn, Phoenix, Ariz.
Ralph Blodget, Paso Robles, Calif.
Rose Boggus, Ponca City, Okla.
William Bohon, Bartlesville, Okla.
Rickey Bomar, Spartanburg, S.C.
Ralph Bonnell, Dewey, Okla.
Wallace Boone, Pauls Valley, Okla.
Henry Boss, Oakland, Ark.
Garrell Bottoms, Lago Vista, Texas
William Bradley, Clinton, Ark.
Bill Bradshaw, Waterloo, Ill.
Harry Breneman Jr., Willows Street, Pa.
Orville Bridenstine, Caney, Kan.
Robert Briggs, Nowata, Okla.
Barnie Brinson, Cut Off, La.
Allen Britton, Council Blfs, Iowa
Jodie Brock, Borger, Texas
Steven Brunton, Wichita, Kan.
William Burgess, Claremore, Okla.
Donald Burris, Borger, Texas
William Burton, Spring, Texas
Carlos Bustamante-Camacho, Lima, Peru
Thomas Butcher, Grapeland, Texas
Luther Byers, Walhalla, S.C.
Sam Calhoun, Kaycee, Wyo.
H. Lee Callaway, Ponca City, Okla.
Walter Campbell, Hereford, Texas
Robert Carle, Bartlesville, Okla.
Walter Carrico, Magnolia, Texas
Carl Carter, Maylene, Ala.
Osbauldo Castaneda, Sonora, Texas
Bobby Center, Shidler, Okla.
Hing Chan, Houston, Texas
Lenore Chisholm, Daytona Beach, Fla.
Jacqueline Ciskowski, Farmington, N.M.
Kenneth Clemons, Thornton, Ark.
Jerome Coachman, Wake Forest, N.C.
Charles Cobb, Ponca City, Okla.
George Concannon, Pittsburg, Calif.
Billy Conner, Madisonville, Texas
William Conrad, Burnsville, Minn.
Henry Cooper, Deer Lodge, Mont.
Caryl Cosner, Buford, Ga.
Harry Coulter, Greensboro, N.C.
Jack Crain, Sante Fe, Texas
Arley Cranford, Ponca City, Okla.
Will Crites Jr., Lenexa, Kan.
Radio Cruell, Spartanburg, S.C.
Mary Cummings, Green Cove Springs, Fla.
Howard Cutfforth, Palo Alto, Calif.
Clark Dancer, Borger, Texas
James Darrell, Sweeny, Texas
Douglas Davidge, Littleton, Colo.
Martha Davidson, Boca Raton, Fla.
Willie Davis, Spartanburg, S.C.
Charles Davis, Borger, Texas
Leslie Davis, Seiling, Okla.
Ralph Dean, Andrews, Texas
Jane Dean, Bartlesville, Okla.
Gene Deaton, Fort Worth, Texas
Richard Delaney, Ponca City, Okla.
Kiser Delk, Ruskin, Fla.
William Dennis, Bartlesville, Okla.
Paul Dessieux, Potosi, Mo.
Dale Detie, Wentzville, Mo.
Benny Diaz, Glendale, Ariz.
Harold Dickerson, Ponca City, Okla.
Edwin Dierks, Sweeny, Texas
Richard Dillon, Bartlesville, Okla.
Bernard Dillon, Teague, Texas
Mary Doss, Caney, Kan.
Peter Downing, Forest Ranch, Calif.
Jack Drennan, Odessa, Texas
Alvin Driggers Jr., Sun City Center, Fla.
Jackie Duke, Odessa, Texas
Genieve Dupin, Lake Charles, La.
Harry Dueels, Overland Park, Kan.
Jesse Dykes, Pampa, Texas
George Earley, Bartlesville, Okla.
Veralee Edmoundson, Pasadena, Texas
Nick Edwards, Mathews, Va.
Thomas Elko, La Porte, Texas
John Elliott, Sulphur, Okla.
Cecil Ellis, Blackwell, Okla.
Stanley Elmore, Spartanburg, S.C.
Anne Engelhardt, Hudson, Ohio
Wright Erwine, Loveland, Colo.
R. Eutsler, Bartlesville, Okla.
Merrill Evans, Lakewood, N.J.
George Everrett, Castle Rock, Wash.
Lloyd Faaborg, Swaledale, Iowa
Jimmy Finch, Muskogee, Okla.
James Finley, Brook, Ky.
William Fisher, Bartlesville, Okla.
Maurice Fisher, Ponca City, Okla.
George Fisher, Borger, Texas
Isaac Fletcher, Borger, Texas
David Floyd, Missoula, Mont.
Joel Fontenot, Lake Charles, La.
Polly Ford, Bartlesville, Okla.
Charles Forston, Roseville, Calif.
E. Foster, Odessa, Texas
George Foster, Temple, Texas
Vickie Fowler, Spartanburg, S.C.
Marvin Franklin, Oklahoma City, Okla.
Marion Fredricks, Ponca City, Okla.
Robert Frosch, Burlington, Wis.
Sue Galloway, Bartlesville, Okla.
Wendell Gammage, Thibodaux, La.
Zane Garrett, Seneca, S.C.
Rosendo Gonzalez, Pesqueria, Nuevo Leon, Mexico
Gary Holloway, Odessa, Texas
William Gaul, Glendale, Ariz.
Robert Gault, Midland, Texas
Phyllis Gayner, Palestine, Texas
Leroy Gill, Lakeport, Calif.
Alvin Gillingham, Denver, Colo.
Mary Goldsmith, Newark, Ohio
Floyd Holiman, Borger, Texas
James Holley, Corpus Christi, Texas
Chester Holley, Borger, Texas
Robert Holladay, El Dorado, Kan.
Sidney Hockens, Sugar Land, Texas
Mathias Hobza, Omaha, Neb.
Bertha Hinmon, Clarksville, Tenn.
Mary Hill, Bartlesville, Okla.
Neal Higgins, Concord, Calif.
Sylveste Herron, Wayzata, Minn.
Robert Gatliff, Las Vegas, Nev.
George Gatlin, Plainview, Texas
William Gaul, Glendale, Ariz.
Robert Gault, Midland, Texas
Phyllis Gayner, Palestine, Texas
Leroy Gill, Lakeport, Calif.
Alvin Gillingham, Denver, Colo.
Mary Goldsmith, Newark, Ohio
Gary Holloway, Odessa, Texas
Francis Holman, Keystone Heights, Fla.
Clifford Holmes, Bartlesville, Okla.
Ronald Hooker, Incline Village, Nev.
Glenn Hopper, Conroe, Texas
Richard Horner, Pearland, Texas
Elizabeth Howard, Broken Arrow, Okla.
J. Charles Howerton, Church Hill, Tenn.
John Huffman, Bartlesville, Okla.
Carolyn Hurst, Knoxville, Tenn.
Charles Huskey, Aledo, Texas
Dwight Huth, Crawford, Texas
Travis Hysmith, Amarillo, Texas
Ronald Istre, Duson, La.
Willie Jackson, Lake Charles, La.
John James, Sugar Land, Texas
Robert Jenkins, Houston, Texas
Dale Johnson, Bartlesville, Okla.
Donald Johnson, Houston, Texas
Francis Jones, Landrum, S.C.
Walter Jones, Millstadt, Ill.
David Jones, Oklahoma City, Okla.
Mayola Jones, Ponca City, Okla.
Felicidad Kane, Gardenia, Calif.
Mary Karner, Mounds View, Minn.
Howard Karren, College Station, Texas
Frederick Kaufmann, Cedar Park, Texas
Chester Keeton, Odessa, Texas
Earl Keffer, Bartlesville, Okla.
Ralph Kendle, Perry, Okla.
Richard Kendrick, Bartlesville, Okla.
Margaret Kidd, Las Vegas, Nev.
Virginia Kime, Bartlesville, Okla.
John Kimmins, Amarillo, Texas
Daniel King, Waco, Texas
E. Kistler, Evergreen, Colo.
Janice Kitchen, Caney, Kan.
Art Kittelman, Brush, Colo.
Warner Kizer Jr., Ponca City, Okla.
Jay Kruger, Kingston, Ontario
Billy Lacey, Houston, Texas
Jackie Lane, Coffeyville, Kan.
Dennie Lavois, Lake Charles, La.
Dale Lawrence, Ponca City, Okla.
Jack Lawson, Mayesville, Ark.
Darrell Le Vergne, Roanoke, La.
Richard Leader, Tatillon, Nev.
Billy Leeton, Bartlesville, Okla.
Harold Lewis, Tualatin, Ore.
John Lewis, Sweeny, Texas
Peter Lindholm, Scammon, Kan.
Robert Lingnau, Newkirk, Okla.
Joe Lingo, Sweeny, Texas
Norma Lloyd, Wichita, Kan.
Brian Loftus, American Canyon, Calif.
Evelyn Long, Midwest City, Okla.
Morris Long, Boulder, Colo.
C. Lowe, Tulsa, Okla.
Joe Lowrance, Greenville, S.C.
Richard Lybarger, Edwardsville, Ill.
Nicholas Malinics, Lake Charles, La.
James Manning, Bartlesville, Okla.
Walter, Marquardt, Lafayette, La.
Robert Martin, Evergreen, Colo.
John Martin, Spartanburg, S.C.
Charles Martin, Blackwell, Okla.
Frank Masek, Bartlesville, Okla.
James Mason, Cirttenden, Ky.
Clint Mathis, Atmore, Ala.
Wiley, McDaniel, Marerro, La.
Mac McWhorter, Ponca City, Okla.
Sophiea Mcbride, Sweeny, Texas
Raymond Mccoy, Kingsland, Texas
Dad McDaniel, El Dorado, Ark.
Mary McDaniel, Mesa, Ariz.
Joe Mcgee, Borger, Texas
Donald Mcguire, Bella Vista, Ark.
Joseph Mcknight, Bartlesville, Okla.
William Meade, Claremore, Okla.
John Medlen, Dewey, Okla.
Marley Mellingen, Wayzata, Minn.
Ruth Merryfield, Seattle, Wa.
James Mesneak, Fritch, Texas
Benjamin Miller, Helena, Mont.
Freddie Miller, Rayne, La.
Mary Miller, Bartlesville, Okla.
Ronald Mitchell, Magnolia, Ark.
Norman Monroe, Monahans, Texas
Raymond Moore, Borger, Texas
Albert Moore, Albuquerque, N.M.
Luther Morris, Loganville, Ga.
Harold Mortensen, Boise, Idaho
Kelly Murphy, Bartlesville, Okla.
Nathan Murray, Duncan, Okla.
Christopher Nelson, Anchorage, Alaska
Joe Newberry, Brentwood, Calif.
Genevieve Nicholson, Tulsa, Okla.
Daniel Nisley, San Antonio, Texas
William Owen, Houston, Texas
Robert Paddack, Bloomfield, N.M.
F. Page, Palm City, Fla.
Lucy Page, Ponca City, Okla.  
Felix Parker, Fritch, Texas  
Ray Parris, San Antonio, Texas  
Johnson Pearson, Noble, La.  
Margaret Peck, Plainview, Texas  
Jimmy Peek, Pasadena, Texas  
Arthur Pennington, Durham, N.C.  
Raul Perez, Martinez, Calif.  
Dorothy Perkins, Copan, Okla.  
Robert Petersen, Kaysville, Utah  
Paula Peterson, Watchung, N.J.  
Bobby Pettit, Warrenton, Va.  
Donald Pitts, Stockton, Kan.  
L. Platt, Tulsa, Okla.  
Paul Pojavis, Pawhuska, Okla.  
Thomas Porch, Macon, Ga.  
Edward Porter, Sugarland, Texas  
Dorothy Porter, Rahway, N.J.  
Benjamin Potts, Fair Oaks Ranch, Texas  
Richard Powell, Fritch, Texas  
Morea Prentice, Bartlesville, Okla.  
Rochester Proctor, Houston, Texas  
Joanna Purvis, Ponca City, Okla.  
John Queen, Fort Worth, Texas  
Iris Rader, Chino, Calif.  
John Queen, Fort Worth, Texas  
Richard Rhynard, Ponca City, Okla.  
Dennis Renicke, Lampe, Mo.  
Richard Rhynard, Ponca City, Okla.  
Phyllis Riley, Barnsdall, Okla.  
Carlos Roa, Tomball, Texas  
William Roark, Boerne, Texas  
Carlos Roa, Tomball, Texas  
Dennis Rohlfing, Houston, Texas  
James Rosemary, Newark, Del.  
Lawrence Ross, Duncan, Okla.  
Mildred Rozier, Moore, S.C.  
Robert Rundell, Solvang, Calif.  
Gerald Runge, Bardstown, Ky.  
John Rush, Bartlesville, Okla.  
Roy Russell, Nashville, Ind.  
Ruel Sales, Smackover, Ark.  
Ira Sanborn, Houston, Texas  
Larry Sanders, Springtown, Texas  
Charles Scarborough, Livingston, Texas  
Darrell Schaake, Richfield, Ill.  
Maurice Schipper, Wellsville, Mo.  
Morlye Schweitzer, Antioch, Calif.  
Marilyn Sears, Bartlesville, Okla.  
Jessie Seitinger, St. George, Utah  
Juanita Self, Blackwell, Okla.  
Richard Sentel, Bartlesville, Okla.  
Mark Shannon, Pahrump, Nev.  
Jack Shaughnessy, Amarillo, Texas  
Lynn Shaw, Godfrey, Ill.  
William Sheehan, Seneca, S.C.  
Eugene Sherry, Bay City, Texas  
Royal Sibley Jr., Jewett City, Conn.  
John Silbor, Los Angeles, Calif.  
Frank Silva, Bullard, Texas  
David Simmons, Tyler, Texas  
James Slater, Pampa, Texas  
Robert Smith, Dewey, Okla.  
Jack Smith, Denver, Colo.  
Alvin Smith, Muscatine, Iowa  
Arthur Smith, Bartlesville, Okla.  
Dwight Smith, Helotes, Texas  
Daniel Smith, Walnut Creek, Calif.  
Glen Smith, Agra, Okla.  
Pat Smittle, Elm City, N.C.  
Melvin Solomon, Guthrie, Okla.  
Richard Sonnenfeld, Parker, Colo.  
Emmanuel Sormillon, Glendale, N.Y.  
Alvin Soukup, Amarillo, Texas  
Louis Spano, Wood River, Ill.  
Jacelyn Spaulding, Rogers, Ark.  
Laura Steele, Greenville, S.C.  
Janis Stewart, Bartlesville, Okla.  
Holly Stewart, Hobbs, N.M.  
Dorothy Stoppenhagen, Flower Mound, Texas  
Donald Straw, Boulder, Colo.  
Oscar Stutes, Wilmington, Calif.  
Virginia Summers, Lenexa, Kan.  
Harold Sweet, Borger, Texas  
Regina Switzer, Ponca City, Okla.  
Lloyd Tankersley, Madison, Miss.  
Vernon Taylor, Bartlesville, Okla.  
Edith Terry, Laceys Spring, Ala.  
Paul Thomas, Lake Charles, La.  
Homer Thomas, Piedmont, Okla.  
Joann Thompson, Laures, S.C.  
Margaret Thrash, Ponca City, Okla.  
James Thurmond, Sapulpa, Okla.  
William Todd, Benger, Texas  
Peter Trgovich, Griffith, Ind.  
Cornelius Twomey, Severna Park, Md.  
Donovan Underwood, Bartlesville, Okla.  
Stella Valverde, Pasadena, Texas  
Pablo Vasquez, Odessa, Texas  
Arthur Velasquez, Garden Grove, Calif.  
Roy Verbeck, Bakersfield, Calif.  
Gene Vernon, Kellyville, Okla.  
John Vicic, Katy, Texas  
Robert Vincent, Concord, Calif.  
Olan Vinson, Corinth, Texas  
David Vogel, Boerne, Texas  
Thelma Wade, Duncan, Okla.  
Janice Walter, Rancho Murieta, Calif.  
Billy Ward, Sweeny, Texas  
Noies Ward, Dumas, Texas  
Linda Warman, Fulshear, Texas  
Janice Watts, Bartlesville, Okla.  
John Webb, Berghiem, Texas  
Merlon Weed, Bella Vista, Ark.  
William West, Beaumont, Texas  
William Westall, Evergreen, Colo.  
Gerald White, Newalla, Okla.  
Robert Wight, Spring, Texas  
William Winter, Bartlesville, Okla.  
Lois Wolf, Ponca City, Okla.  
Ron Wood, Bountiful, Utah  
Ruel Wood, Smackover, Ark.  
Ruby Wood, Walhalla, S.C.  
Don Woodrell, Bartlesville, Okla.  
Eugene Woolery, Bartlesville, Okla.  
Henry Worthington, Gillette, Wyo.  
Melvin Wynkoop, Omaha, Neb.  
Richard Yankovich, Benwood, W.V.  
Tommy Yokley, Copan, Okla.  
Donald Zodrow, Bartlesville, Okla.

In Memoriam includes the names of deceased ConocoPhillips employees and retirees as submitted quarterly by Hewitt Associates to ConocoPhillips. Unfortunately, we are unable to accept death notices submitted directly for publication in this section. If you have any questions, please send an email to RSC.Internal.Communications@conocophilips.com.

NOTE: In the March 2016 issue, we inaccurately reported that John Liggett, Highlands Ranch, Colo., had passed away. We apologize for the error.
### For Information On:

<table>
<thead>
<tr>
<th><strong>The Benefits Center</strong></th>
<th><strong>Contact:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>• General information, including enrolling or changing health and welfare benefits or coverage levels.</td>
<td>800-622-5501 or 718-354-1344</td>
</tr>
<tr>
<td>• To request commencement of pension plan benefit.</td>
<td><a href="http://resources.hewitt.com/conocophillips">http://resources.hewitt.com/conocophillips</a></td>
</tr>
<tr>
<td>• Retirement/pension monthly payment questions.</td>
<td>Monday-Friday, 8 a.m.-6 p.m. CT</td>
</tr>
<tr>
<td>• To update or change your mailing address and phone number or report a death.</td>
<td></td>
</tr>
<tr>
<td>• Beneficiary(ies) designations/changes for life insurance, AD&amp;D insurance and pension.</td>
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<table>
<thead>
<tr>
<th><strong>Aetna</strong></th>
<th><strong>Contact:</strong></th>
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</thead>
<tbody>
<tr>
<td>• Medical claims or questions.</td>
<td>800-738-7674</td>
</tr>
<tr>
<td>• Network providers.</td>
<td><a href="http://aetnanavigator.com">http://aetnanavigator.com</a> or</td>
</tr>
<tr>
<td>• ID cards.</td>
<td><a href="http://hr.conocophillips.com">http://hr.conocophillips.com</a></td>
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<tr>
<th><strong>Aetna hearing discounts</strong></th>
<th><strong>Contact:</strong></th>
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<tbody>
<tr>
<td>Amplifon Hearing Health Care</td>
<td>888-432-7464</td>
</tr>
<tr>
<td>Amplifonusa.com or Hearing Care Solutions</td>
<td>866-344-7756</td>
</tr>
<tr>
<td><a href="http://hearingcaresolutions.com">http://hearingcaresolutions.com</a></td>
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<th><strong>Aetna Vision Discounts</strong></th>
<th><strong>Contact:</strong></th>
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<tr>
<td>• Eyewear discount.</td>
<td>800-793-8616</td>
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<td><a href="http://aetnanavigator.com">http://aetnanavigator.com</a></td>
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<tr>
<th><strong>Teladoc</strong></th>
<th><strong>Contact:</strong></th>
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<tr>
<td>• 24/7 access to a doctor anywhere in the U.S.</td>
<td>855-835-2362</td>
</tr>
<tr>
<td></td>
<td><a href="https://member2.teladoc.com/aetna">https://member2.teladoc.com/aetna</a></td>
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<tr>
<th><strong>CVS Caremark</strong></th>
<th><strong>Contact:</strong></th>
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<tr>
<td>• Home delivery and retail prescription benefits.</td>
<td>855-293-4118</td>
</tr>
<tr>
<td></td>
<td><a href="http://hr.conocophillips.com">http://hr.conocophillips.com</a> or <a href="http://caremark.com">http://caremark.com</a></td>
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<tr>
<th><strong>UnitedHealthcare Dental</strong></th>
<th><strong>Contact:</strong></th>
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<tbody>
<tr>
<td>• Information on retiree dental benefits.</td>
<td>800-996-7563</td>
</tr>
<tr>
<td></td>
<td><a href="http://myuhcdental.com">http://myuhcdental.com</a></td>
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<td></td>
<td>Monday-Friday, 7 a.m.-10 p.m. CT</td>
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<tr>
<th><strong>Plan Descriptions</strong></th>
<th><strong>Contact:</strong></th>
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<tbody>
<tr>
<td>• Summary plan descriptions (SPDs).</td>
<td><a href="http://hr.conocophillips.com">http://hr.conocophillips.com</a></td>
</tr>
<tr>
<td>• Summary of material modifications (SMMs).</td>
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<thead>
<tr>
<th><strong>Medicare</strong></th>
<th><strong>Contact:</strong></th>
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</thead>
<tbody>
<tr>
<td>• General Medicare questions on Part A, B or D.</td>
<td>800-633-4227</td>
</tr>
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<td></td>
<td><a href="http://medicare.gov">http://medicare.gov</a></td>
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<tr>
<th><strong>Informed Health Line/Nurse Line</strong></th>
<th><strong>Contact:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>• To speak with a registered nurse 24 hours a day, seven days a week.</td>
<td>800-556-1555</td>
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</tbody>
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<tr>
<th><strong>Beacon Health Options</strong></th>
<th><strong>Contact:</strong></th>
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<tbody>
<tr>
<td>• Mental health/substance use</td>
<td>866-241-4080</td>
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<td></td>
<td>24 hours/day</td>
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<tr>
<th><strong>Vanguard</strong></th>
<th><strong>Contact:</strong></th>
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</thead>
<tbody>
<tr>
<td>• Savings plan questions and beneficiary changes.</td>
<td>800-523-1188</td>
</tr>
<tr>
<td></td>
<td><a href="http://vanguard.com">http://vanguard.com</a></td>
</tr>
</tbody>
</table>
## For Information On:

<table>
<thead>
<tr>
<th>Medical</th>
<th>Medicare Supplement Insurance Plans</th>
<th>UnitedHealthcare (AARP) 800-568-6404 <a href="http://aarphealthcare.com">http://aarphealthcare.com</a> Monday-Friday, 6 a.m.-10 p.m. CT Saturday 8 a.m.-4 p.m. CT</th>
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<tr>
<td></td>
<td>Medicare</td>
<td>Medicare 800-633-4227 <a href="http://medicare.gov">http://medicare.gov</a></td>
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<td></td>
<td>Medicare Plan Finder</td>
<td>Medicare <a href="https://www.medicare.gov/find-a-plan">https://www.medicare.gov/find-a-plan</a></td>
</tr>
<tr>
<td>Dental</td>
<td>Enroll or change dental benefits or coverage</td>
<td>UnitedHealthcare Dental 800-996-7563 <a href="http://myuhcdental.com">http://myuhcdental.com</a> 7 days a week, 8 a.m.-8 p.m. CT</td>
</tr>
<tr>
<td>Life Changes</td>
<td>Report a life change (i.e., newly married, recently divorced, death)</td>
<td>Benefits Center 800-622-5501 <a href="http://resources.hewitt.com/conocophillips">http://resources.hewitt.com/conocophillips</a> Monday-Friday, 8 a.m.-6 p.m. CT</td>
</tr>
<tr>
<td>Pension and Savings</td>
<td>Pension annuity payments</td>
<td>Benefits Center 800-622-5501 <a href="http://resources.hewitt.com/conocophillips">http://resources.hewitt.com/conocophillips</a> Monday-Friday, 8 a.m.-6 p.m. CT</td>
</tr>
<tr>
<td></td>
<td>Savings plan</td>
<td>Vanguard 800-523-1188 <a href="http://vanguard.com">http://vanguard.com</a></td>
</tr>
<tr>
<td>Life Insurance</td>
<td>General inquiries and beneficiary changes</td>
<td>Benefits Center 800-622-5501 <a href="http://resources.hewitt.com/conocophillips">http://resources.hewitt.com/conocophillips</a> Monday-Friday, 8 a.m.-6 p.m. CT</td>
</tr>
<tr>
<td>Change in address, phone number and/or email</td>
<td>Address updates for ConocoPhillips, Medicare supplemental medical insurance and Medicare Part D prescription drug coverage with UnitedHealthcare, life insurance with The Hartford, savings plan with Vanguard and monthly pension annuity with ConocoPhillips.</td>
<td>Benefits Center 800-622-5501 <a href="http://resources.hewitt.com/conocophillips">http://resources.hewitt.com/conocophillips</a> Monday-Friday, 8 a.m.-6 p.m. CT</td>
</tr>
<tr>
<td></td>
<td>Address updates for UnitedHealthcare Dental</td>
<td>UnitedHealthcare Dental 800-996-7563</td>
</tr>
<tr>
<td></td>
<td>Address updates for Medicare Part D prescription drug plans other than UnitedHealthcare's plans</td>
<td>Contact your Medicare Part D prescription drug provider.</td>
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Federal & State Government Affairs Vice President
John Dabbar on the political process  (continued from page 2)

Representatives from ConocoPhillips Governmental Affairs attended both presidential nominating conventions, and the company sponsored a number of activities at these events. Is this about support for the presumptive nominees?

We attended the nominating conventions to participate in state-level events in support of the state delegations where we operate, as well as the governors’ events and American Petroleum Institute business meetings. The purpose was to educate the delegates on our business and our industry and the benefits to their states. So it’s not about a particular nominee. It’s about the delegates from the states where we operate.

Why is it important that ConocoPhillips employees and retirees stay informed about the issues critical to the oil and gas industry and understand how government actions impact our business?

One of the things we do in Government Affairs is to advocate for our company and industry interests, ensuring awareness and understanding of the effects of regulatory and legislative action. The legislators and regulators actually react to the mobilization of constituents. They score the number of calls or letters that they get, either in favor of or opposing a particular piece of legislation.

Politics in America rewards organization and communication. The first point in that is to be informed. You can be informed by going to the Power in Cooperation website at powerincooperation.com.

What is your message to employees and retirees this election season? What should people know and do?

Please learn about the candidates, not just the top level national candidates, but also what we call the “down ticket” candidates — the local offices, state offices and federal congressional representatives that represent your interests and set the rules that we live and work by.

It’s really important, because your vote matters. Many races are closer than you might imagine. The person you elect will provide the laws, implement them and ensure their oversight for the next two, four or six years.

Go to Power in Cooperation (powerincooperation.com) to learn about the issues and candidates. So that is the key message: please understand, learn and vote.